

VOL. 5 | September 2025

IN THE SADDLE



Quarterly newsletter from Ipswich Bicycle Club



Welcome from the Social Rides Secretary

I took this role on officially at the AGM last year although I had been covering it for a while. For those of you unsure who I am, I'm the one with the whistle! Recently I seem to have made a habit of leading a Green Ride which has allowed me to introduce myself to many new members. When I'm not 'out' riding I am often found on the turbo and do race on Zwift. I'm constantly searching out new cafes/venues for the SSRs and enjoy the opportunity this provides me to conduct my research! That said if anyone has a venue which they think may be a suitable location, please let me know and I'll give it a look.

Hilary Bond



THIS EDITION

- Welcome from the Social Rides Secretary.
- Socials.
- Want to be a Leader Rider?
- Clothing.
- AGM Alert.
- 2024 Winners.
- Upcoming Events.

From the brief welcome from a committee member/secretary to upcoming events, we want to keep you up to date but also, we'd love to hear from you. Got an idea for an event, or something you'd like The Club to do? Any ideas you want to put forward to The Club, drop us a note on our Facebook page or email at secretary@ipswichbicycleclub.co.uk.

SSR Followed by Family Picnic



Saturday 21st June saw the SSR finish at Alton Water after the normal café stop. Whilst some members weren't able to join us, others were with more still doing an off-road route.

Now, it may just have been that we were lucky with the weather but, I'd say this was a resounding success and it was especially nice to see a few family members drive out to join us.

Point to Point

Saturday 16th August saw the return of our ever-popular Point To Point.

We had several teams comprising of six members all attempting to solve clues to locations, answer questions specific to each and then plan their own route to the next.

About 40 miles brought everyone back together again for some well-earned refreshments at The Black Tiles. Well done to Jo and Sue for pulling this one together!



Cyclo-Cross Taster

I'm sure members will join me in saying a big thank you to our friends at West Suffolk Wheelers for hosting us at West Stow Country Park on their off-road course. We had a few members making the trip over to the west of the County and it was nice that they could bring along their family. As the Cyclo-Cross season starts, I wonder if we'll see any more members taking the plunge and representing IBC at some events!





Fancy putting a little something back into the club? We are always after new Leader Riders. If you think this may be of interest to you, please speak to any other Lead Rider or Hilary for an overview of what's involved

Clothing

It wouldn't be a newsletter if there wasn't something to report with regards to Club Clothing! Anyway, we had the Social on the 5th June at Elmys to allow members to see/feel some of the range provided by Ale, and make a note of what size you may be for any future purchases. We also still have a few items of Endura kit available, feel free to ask Kevin to see if we have what you need, although there is a list of current stock below this text. Whilst we did miss the cut off for the Ale factory's Summer Closure in Italy, hopefully members are aware that the Club Shop with Ale is now open! If you haven't already done so, please register with Ale using the details which you will have received via email. If you haven't seen an email, details how to register can be found on our website or once again get in touch with Kevin.

As a gentle reminder, we are offering two versions of our clothing, the **PRR** and **PRIME** range. **PR.R** – Pro Racing Research is their most popular option within their Custom Range featuring a number of high end details AND is a 'close race fit'. **PRIME** is advertised as their 'Essential Line'. The fit here is described as ergonomic BUT more 'relaxed'. Full details regarding each garment is available online including a sizing chart. We will be looking to try and get some sizing samples sent to us if anyone was unable to get to our Club Social on the 5th June, have forgotten what size they were or even just want to double check! These items should be with Kevin early September and certainly before the Shop closes at 9pm on the 15th September. Please remember that production is between 45-60 days so this will be the first and last opportunity to get an early Christmas present request in! Too early to drop the 'C' word?

	XS	S	M	L	XL
FS 260 SS Jersey P4065				2	
FS 260 Wms SS Jersey P2065	1	2	1		
FS 260 LS Jersey P4046				1	1
FS 260 Wms LS Jersey P2064		1	1	1	
Pro SL Bib Shorts P6013 (medium pad)			1	1	
Wms Pro SL Bib Shorts P6013 (medium pad)		1	1		
Pro SL Race Gilet P6015				2	2
Wms Pro SL Race Gilet P6065		1	1	2	
Thermal Arm Warmers P4021			3	7	
Race Socks P4085		5		23	

AGM Alert!

Before the next Newsletter comes out the club will be holding it's Annual General Meeting. An important aspect of running a club, this is your chance to either highlight an issue, ask a question and/or vote in the committee members. If you are

interested in a committee position, please do ask. Some roles (Managed/General) are subject to qualifying criteria which need to be addressed prior to the night.



2024 Winners!

I'm sure some of you will have noticed that we are no longer issuing individual awards as we have in the past. That isn't to say we shouldn't celebrate those who have achieved. So, after a little digging about, please find a list below of our achievers from 2024 in the Time Trial category and join us in saying "Chapeau" to all those mentioned.

Fastest 10; Matt Peck 20.04.

Fastest 25; Matt Peck 56.38.

Club 25; Joseph Shaw 1.01.07.

Club 25 Handicap; Joseph Shaw.

Fastest 50; Matt Peck 1.53.38.

Vets 10 & 25 on Standard; Matt Peck (+6.05/+11.34).

Club Champion/Robinson Stamina 25/50/100; Matt Peck (56.38/1.53.38/3.56.40).

Jason Goodright 10 on Road Bike Evening Series; Andy Kennedy 25.04.

There was also a special award for Laura Davies, who was the recipient of The Basil Pinch Cup for Outstanding Achievement.

If you disagree with the decision to stop engraving our old trophies and/or issuing individual ones, then please feel free to mention this, maybe an AGM topic!



Dates for your diaries

Keep an eye on our club Facebook page for more details.

DATE	EVENTS
Thursday 25 th September	An Evening with Tim! As many members may be aware, our very own Tim Canham completed a grueling challenge earlier in the year covering 880 miles across some very challenging terrain over 16 days. He has kindly agreed to provide an input detailing the trip. Come and join us at The Black Tiles.
Thursday 16 th October	Social? Not sure what yet but save the date and keep an eye on your socials.
Thursday 6 th November	AGM A change of venue but still please do try attend.
Thursday 18 th December	IBC Christmas Social.
Please speak with a member of the committee if you have a question regarding any of the events listed. We are always looking for people to get involved.	

IBC Selling & Buying Items For Sale Section

Just a reminder that this site is not restricted to current members and is an excellent opportunity to move on any unwanted bike kit, including IBC clothing no longer needed.

Contact Mark Salter for more details.

<https://www.facebook.com/groups/1586421468616356>