

VOL. 6 | December 2025

IN THE SADDLE



Quarterly newsletter from Ipswich Bicycle Club



Welcome from 'one of' the Welfare Officers

Probably about time that I put myself on the front of the Newsletter. I have fulfilled the role of Welfare Officer for a number of years now but am happy to say that I am confident most of you will have spoken to me in my capacity as the clothing coordinator as opposed to having a welfare concern! I am always happy to talk, and even listen occasionally, about anything although to be honest I'm not a morning person so probably best to try me in the afternoon!

Kevin Stark



THIS EDITION

- Welcome from a Welfare Officer
- Virtual SSRs
- AGM.
- Velodrome Trip
- Clothing.
- Thursday Socials.
- Upcoming Events.

From the brief welcome from a committee member/secretary to upcoming events, we want to keep you up to date but also, we'd love to hear from you. Got an idea for an event, or something you'd like The Club to do? Any ideas you want to put forward to The Club, drop us a note on our Facebook page or email at secretary@ipswichbicycleclub.co.uk.

Virtual SSRs!

They're back! For those members who are a little wary about the colder weather, we are holding virtual SSRs on Zwift for IBC members. Please contact Hilary or Mark Cheesman to find out more.

2025 AGM

Last months AGM was held at Trinity Park for the first time. A good turnout enabled it to be officially declared as 'An AGM' and the existing committee was dissolved. The election of the new committee did see some familiar faces returning to their old posts but there were some notable changes. Perhaps the biggest of these was Anne Betts who stood down from a couple of posts that she has held for several years now. I would like to say, not only on behalf of IBC but also personally, a huge thank you to all she has done over the years, especially in her role as Welfare Officer but also as the Membership Secretary. The latter was a joint post which she conducted with Charles, who also stood down from that post. Our thanks also go out to Charles. A list of committee roles is provided below, please feel free to reach out to any member if you have any concerns/issues over the next twelve months. Whilst I would prefer you to keep them to IBC specific issues, I'm reassured that our new welfare officer has a friendly face and a listening ear!

Managed Positions.

Chair; Lucy Stark

Vice Chair; Will Taylor

Treasurer; Paul Rippon

Club Secretary; Mark Salter

Welfare Officers; Tracy McKenzie & Kevin Stark

Membership Secretary; Sarah Wilcox

Social Rides Secretary; Hilary Bond

Media Secretary; Hilary Bond

General Positions.

Road Race & Track Secretary; Charles Mildred

Time Trial Secretary; Jon Carlyon

Off Road (Mountain/Cyclo Cross) Secretary; Steve Grimwood

Members Representative; Anne Betts

Clothing Coordinators; Kevin Stark & Mark Salter



We will be returning to the Velodrome in London in March 2026. We are considering laying on some transport which will carry a small cost. If you are interested in attending, under your own steam or utilising any transport offered by the Club, please keep an eye on those socials for more info.

Clothing

And here is my 'regular' feature. The first order of ALE clothing has now arrived, and some members will soon be seen sporting their nice new SS jerseys, if under various other layers at the moment! Hopefully people will be pleased with the product and please do provide any feedback to either of the clothing representatives listed above. As ever there are a few Endura items still remaining in stock but there are also some additional ALE SS Jerseys. Everything is listed below, let us know if anything here is something you need.

	XS	S	M	L	XL	XXL
FS 260 SS Jersey P4065				2		
ALE PRIME SS Jersey				1		2
ALE PRR SS Jersey			1	1	2	3
FS 260 Wms SS Jersey P2065	1	2	1			
FS 260 LS Jersey P4046				1	1	
FS 260 Wms LS Jersey P2064		1	1	1		
Pro SL Bib Shorts P6013 (medium pad)			1			
Wms Pro SL Bib Shorts P6013 (medium pad)		1	1			
Pro SL Race Gilet P6015				2	2	
Wms Pro SL Race Gilet P6065		1	1	1		
Thermal Arm Warmers P4021				6		
Race Socks P4085		5		23		

Thursday Socials

Back in September we returned to the recently re-opened Black Tiles pub at Martlesham. Our very own intrepid bicycle explorer Tim Canham provided an enjoyable presentation into his ~~mae~~ exciting venture which saw him tackle some less than 'bike friendly' terrain, see plenty of wildlife, put his body through it (there was a slide of his bruises!) but more importantly make some great memories. He always has some crazy, and some not so crazy rides planned, give him a shout if you fancy joining him.

The Black Tiles could well be a suitable venue for future Thursday Socials **BUT** we'd need to guarantee 15 attendees. This shouldn't be a big ask for a club of our size, what do members think? Is this something they wish to see, even if the guest speaker isn't as entertaining as Tim? Please let us have your thoughts.



Dates for your diaries

Keep an eye on our club Facebook page for more details.

DATE	EVENTS
Thursday 18 th December	IBC Christmas Social at The Dove. Arrive for 7pm, Quiz starts at 7:30pm.
Thursday 5 TH February 2026	Visit to the Police Museum at Suffolk Constabulary PHQ, Portal Avenue, Martlesham IP5 3QS. Guided tour starts at 7pm and their bar will be open for a drink afterwards.
21st March 2026	As mentioned above, we are hoping to arrange another trip to the Velodrome. Still waiting on confirmation from BC but we are hoping for a Saturday in March.
May 9 th 2026	The Marie Pickess May Ball. This year we are heading to Trinity Park with a theme of Polka Dots for those King, or Queen of the Mountain challengers! This year we hope to have a guest speaker for your entertainment as well as a disco.
Please speak with a member of the committee if you have a question regarding any of the events listed. We are always looking for people to get involved.	

