# **Minutes**

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What	Ipswich Bicycle Club Committee Meeting					
Why	Annual General Meeting					
When	7.30pm Monday 7 Novem	ber 2016				
Where	Greshams, 312 Tuddenha	am Rd, Ipswich IP4 3QJ				
Attended	Dean Backhouse	Mick Hearn	Chris Parker			
	Anne Betts	Philip Hetzel	Paul Rippon (Chair)			
	David Boother	Keith Hill	Les Roper			
	Wendy Boother (notes)	Richard Hoare Angus	Susannah Rosenberg			
	Nigel Bunton	Jardine	Gary Rutter Mark Salter			
	Steve Butterworth	Chris Jillings	lan Sayles			
	Tim Canham	Charles Latto	Marcus Sharpe			
	Dave Copland	Sean Marner	Jackie Smith			
	Jane de Boltz	Charles Mildred	Will Taylor			
	John Denny	Colin Newstead	Clive Tricker			
	Sean Dunn	Joanne Newstead	Deborah Wainwright			
	Steve Grimwood					
			(34/240 = 14%)			
Apologies	Paul Bird	Mike Kingshott	Marie Pickess			
	Tim Butler	Simon Males	Jo Ringrose			
		Joyce Nevill				



Item		Action
1	Welcome PR welcomed everyone to the meeting.	
2	General Summary Deferred to his Chairman's report	
3	Minutes 2015 SR proposed SG seconded acceptance of the minutes of the last AGM, which have been posted on the Club's website for some time.	
4	Chairman's Report PR gave this report: "Thank you all for coming out on a quite cold evening to support your Club and its Members. The Club has seen continued involvement in all the areas of cycling this year. The time trial series, Saturday social rides and cycle cross remain the strongest disciplines that we have. As always we need more help at most of the events. Your involvement is what makes this Club so good. The club was happy to be involved again with the very successful Eastern Road Racing league – promoting road races for men and then women. After an absence of several years the Grass track meeting was re-instated on to our calendar, and we are involved with Steve Grimwood in the National cycle cross event later this month at Trinity Park. Also, particularly with Marcus Sharpe and Steve, the Club has been present at several local events promoting cycling and the Club to the public with the roller bikes. Coaching sessions were held throughout the year at various places to help children and others develop new skills in order to make them better riders. The Annual dinner was a huge success and Matt Kerr has continued to grow the Club clothing and leisure wear, taking over from Jo and Colin Newstead. At a committee level, I think we have managed the Club in a professional manner, handling criticism and complaints, holding non-biased meetings and keeping the Club prominent and successful within Ipswich. Looking forward to next year, we would like to celebrate the 125th year of the Club with a special Reliability Ride, celebration mugs for all members [upon renewal and until supplies run out] and possibly a special edition water bottle. Thanks to Matt, we have the Annual dinner to look forward to, before the whole year starts again. I'm sorry if I have missed anything or anyone out. Thank you all for continued support and participation with the Club."	



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5	Treasurer's Report CJ reported another very good year, bringing attention to the following points:	
	The surplus is not as good as listed due to the timing of final SCRS transactions	
	though a profit was made.	
	Note that £405 was spent on equipment.	
	<ul> <li>Note that two container rentals fell into this year due to the timing of transactions.</li> </ul>	
	<ul> <li>Engraving costs were reduced due to finding a new provider of this service.</li> </ul>	
	We have paid a second year of corporate membership at Greshams and continue	
	with temporary membership at the Cricket Club; good feedback shows good use of	
	expenditure to these venues.	
	<ul> <li>We do not often see debtors of un-presented cheques and they will expire soon. CJ</li> </ul>	
	will be contacting those that he can to remind them to present them and pay them	
	into their bank accounts.	
	Lastly, the committee will be reviewing the banking arrangements with a view to bring the accounts control into 20 <sup>th</sup> century. Some aspects will be subject to changes to the Club Rules	
	and the banking mandate. There may need to be an EGM announced soon to take this	
	forward.	
	Tot Wald.	
	SG wanted to ensure that thanks were recorded to CJ for all his hard work this year and all	
	previous years; keeping very meticulous records and the auditors that have helped check his	
	final accounts. SR said that she had not had sight of the accounts and CJ responded that	
	only one accounts examiner needed to check the records and Mick Hearn had done this.	
	SG proposed CT seconded acceptance of the financial accounts	
6	Membership Secretary's Report	
6	WB wanted to report the gradual increase in members due to a slow renewal pattern that	
	appears to recurs each year and summarised the committee reports of the last year:	
	Jan – 137 members of a potential 250 rejoined; many of last year's cards were not collected.	
	Feb – 185 members; the committee tried to understand why 80 not rejoined;	
	Mar – 153 households issued with membership card packs;	
	Apr – following JN resignation, WB to take up the post to the AGM;	
	May – 211 members so numbers creep up in the better weather;	
	June – Committee agree that wef 1 Jul, fees are half price for the rest of the year;	
	Ended the year with 240 members – close to previous membership at the 2015 AGM.	
	PR 's report above had already explained what the committee has planned for 2017 renewal.	
7	General Reports	
-		
	Coaching Secretary Report from Adam Keer	
	"At the 2015 AGM I gave notice that this would be my last year standing as Coaching	
	Secretary. Whilst spring/summer sessions had been planned and were delivered in the main	
	by fellow coaches, regrettably due to a growing family and significant career changes over	
	the last year I have not be able to dedicate the same level of time to Coaching or the Club's	
	Committee since May and therefore have been unable to plan or deliver any autumn or winter	
	sessions this year.	
	Despite pleas made by myself and the Clubs Committee a replacement Coaching Secretary	
	has been unable to be found. As much as I believe these sessions should continue I am	
	unable to collectively plan, deliver, administer, promote and keep the books for the	
	foreseeable future. Should sufficient support be found in the future I would gladly return to	
	some aspects of the coaching role, an aspect of club activities I have been involved with	
	since 2006.	
	<u>2016</u>	
	The club regained Clubmark Accreditation in February this year signifying that IBC works	
	towards best practice, good management and national standards.	
	Our coached training sessions continued to offer technique and a fun workout welcoming all	



riders aged 7yrs + with Adult participation recommended.

Coaching sessions followed the seasons once again for road and off-road aiming to run roughly twice monthly frequency.

We are limited to the sessions we can offer due to facility availability, cycling events and coach availability.

Participation at coached sessions is down slightly this year to 186 attendances. The drop is due to no sessions run from September onwards.

(2015-16)	(2014-15)	(2013-14)	(2012-13)	(2011-12)	(2010-11)	(2009-10)
186	244	295	220	93	117	41

Average attendance at each session remained good at 16 riders per session over 12 sessions.

(2015-16)	(2014-15)	(2013-14)	(2012-13)	(2011-12)	(2010-11)	(2009-10)
16avg	19avg	18avg	14avg	9avg	5avg	3avg
12 sessions	13 sessions	15 sessions	19 sessions	10 sessions	25 sessions	15 sessions

#### Youth Female

(2015-16)	(2014-15)	(2013-14)	(2012-13)	(2011-12)	(2010-11)	(2009-10)
23	29	25	24	14	17	14

Inclusion of adults within sessions again proven popular. Adult data:

(2015-16)	(2014-15)	(2013-14)	(2012-13)	(2011-12)	(2010-11)	(2009-10)
61	74	78	50	N/A	4	2

Off-road sessions remained at Foxhall Heathland with a fun and well attended visit to Tunstall Forest for a rip round the excellent Viking Trail in January.

Woodbridge Airfield proved an excellent venue for the third year running with overgenerous runway and numerous clusters of smaller roads for technical challenges.

The Saturday Social Rides joined a session in June which was enjoyed by 21 riders.

The 2016 Suffolk Cycle Racing Series, youth Coach led racing was led by Peter Ingram, supported by Ipswich Tri and TROGS.

My thanks go to fellow coaches without whom we couldn't run the sessions: Philip Hetzel, Peter Ingram, Ross Tricker and Isabel Smith from Ipswich Triathlon."

#### Cyclo Cross Report from Steve Grimwood

"Report on last season 2015/16 Sep - Feb

A good season with many riders representing the Club across all categories.

Some very good performances including strong improvements from Jack Parrish.

A great National Trophy Event with Riders from all over the Country visiting & a great Training Day held on the Saturday with good help from the Club.

Report on this season 2016/17 Sep - to date

Going very well to date with even more riders in most categories especially Vet & Women



although we are seeing a decline in the Clubs youth categories due to the Club Training sessions ending. It will be a challenge for the club to try to ensure we continue to offer activity's for young people, of which Cyclo Cross is one of the best routes into the sport.

Lots of information on individual performances on social media and the Eastern Cross website.

## **Upcoming National Trophy Event**

26-27 November sees the next in a long line of National level promotions for the Club. We have an incredible reputation for promoting top level events going right back to the 1990's using an unprecedented four different venues in the town.

This year's event looks to be one of our best yet using an Indoor section of course and a fabulous social event on Saturday night partnering with the Charity Re-Cycle. As always we need volunteers & please do come and see me at the end to volunteer. Posters and Flyers are also available."

## MTB Secretary report from Paul Bird

"Unfortunately I've not been able to immerse myself in the role as much as I had hoped this year. Mainly due to personal circumstances, change of job etc.

However, after a damp start to the year we managed to get some semi regular Thursday eve rides up and running held at the Viking trail, Tunstall over the spring/summer – Turn out was mixed but there were some stalwart regulars!

We had a really good presence at the MSG (Mud, Sweat & Gears) MTB series. It never fails to amaze me that these guys can produce some 'proper' mountain bike courses from the terrain that we have in the East, but courses are always challenging and fun (Even the muddy mess that was the first round at Hintlesham!).

Final league positions for team IBC;

- Matty Ringrose (U9 Male) 20th
- Jack Godber (Juvenile) 21<sup>st</sup>
- Jack Parrish (Youth Male) 7<sup>th</sup>
- Jeff Ringrose (Sport Male) 41<sup>st</sup>
- Moi (Veteran Male) 22<sup>nd</sup>
- Steve De Boltz (Grand Vet Male) 16<sup>th</sup>
- Ian Robson (Grand Vet Male) 14th
- Kevin Godber (Grand Vet Male) 40<sup>th</sup>
- Colin Newstead (Open Male) 86<sup>th</sup>
- Stuart Fairweather (Open Male) 112<sup>th</sup>
- Jo Newstead (Veteran Female) 8<sup>th</sup>
- Wendy Atkinson (Open Female) 20<sup>th</sup>

Apologies if I've missed anyone! Not everyone did all the events and there were some great individual performances; Jack Parrish is really 'coming of age' and getting stronger all the time. Jack Godber's persistence is great to see. Young master Ringrose enjoyed the coaching element and started to see some real growth in confidence.

We were racing in different categories but even Steve De Boltz in his first year racing MTB caught and overtook me....Once!

Winding up – it's been a good year for the IBC mud munchers. There have been thrills, a few spills and maybe even some scars…but all in we have had some fun ⊚"

### **Media Summary from Mark Salter**

"Ipswich Bicycle Club has had a very successful year from a media perspective.



In January we hosted a journalist from Cycling Weekly on one of our Saturday Social Rides which in turn led to in February the club featured in Cycling Weekly as the guest club in their "Ride With" Feature.

A large number of club members took part in the Ipswich Hospital Charity 3 day – 200 mile sportive. We were invited to partake in a publicity photo shoot at the hospital. The resulting photo was published in the local Ipswich Star newspaper.

The club was asked to assist by providing ride out marshals for the Ipswich 5 and 10K running race series. Good publicity was gained with several pictures in the local press."

#### Time Trial Report from Jane de Boltz and Angus Jardine

"We have had a good IBC representation at many TT events this season covering 5 to 100 miles.

At the local Ipswich and District TT series 31 club members took part, including 5 ladies. Simon Hance finished in 1<sup>st</sup> place overall and 1<sup>st</sup> V40 with Andy Kennedy 3<sup>rd</sup> overall and 1<sup>st</sup> V50. In the ladies Vet 50 myself and Deborah Wainwright finished 2<sup>nd</sup> and 3<sup>rd</sup> respectively. Notably, one of the Crowfield rounds, hosted by us, had a record number of 60 riders competing this season!

Several club members also took part in the SPOCO East league, both as individuals and as a team. Final team positions at the end of the season resulted in the IBC team of Antony Birt, Angus Jardine and Andy Kennedy finishing in 2<sup>nd</sup> place. In the individual event, Antony Birt was 2<sup>nd</sup> Vet, Angus Jardine 2<sup>nd</sup> Senior Vet, Andy Kennedy 3<sup>rd</sup> Senior Vet and Alan Smith 2<sup>nd</sup> Super Vet.

The Plomesgate weekly time trials were also attended by several IBC members and their open 10 event saw Andy Kennedy finish in 2<sup>nd</sup> place.

Angus Jardine competed in 3 East District CA championships coming away with scratch silver and vets gold in the circuit 25 mile and vets bronzes in the 50 mile and 100 mile.

Andy Kennedy and Antony Birt also competed in the National 25 mile Championships with Antony setting, at that point, the club's fastest 25 mile time of the year. However, this was soon to be broken with an impressive ride by Ollie Jones in the Velovelocity 25 mile TT in a time of 50.36 resulting in the club's fastest 25 TT of 2016.

Ollie Jones has had a very impressive season. Along with the fastest club 25 mile TT of the year, he also attained the Club Junior and Senior records at 10 miles, in a time of 19.50 (the fastest 10 mile record having stood since 1994), and 50 miles, in a time of 1.48.33. Ollie also secured a 3<sup>rd</sup> place in the National Junior 10 mile championships. All of which were achieved on a road bike.

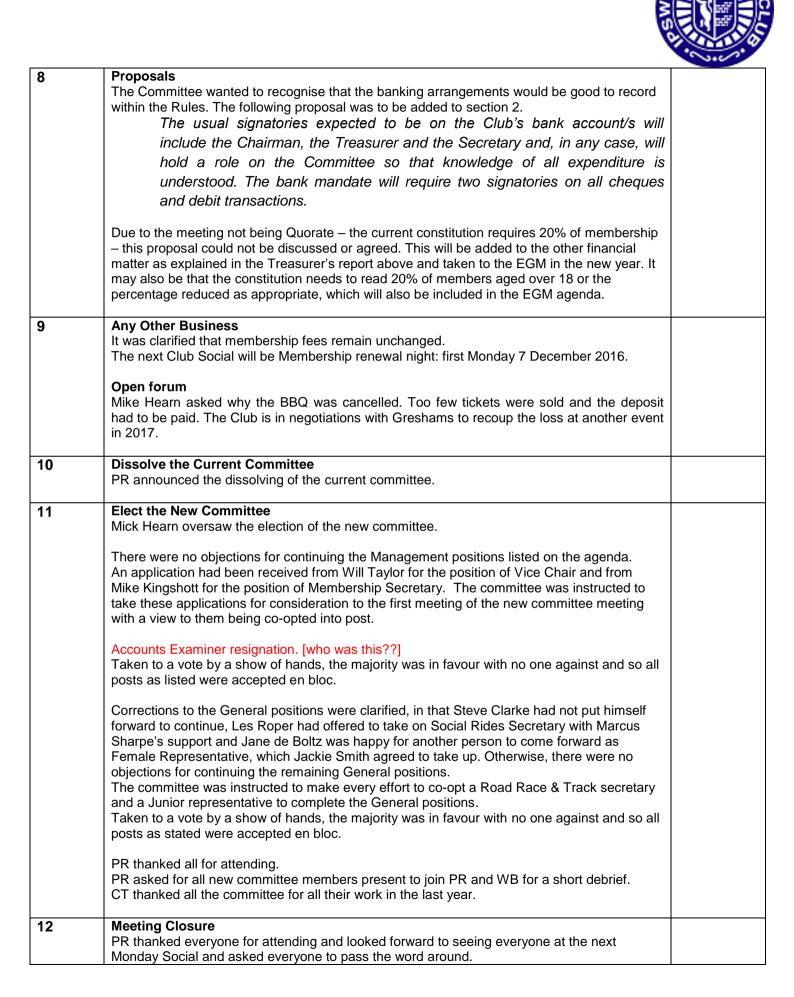
This year we nominated the Diss 25 mile time trial as our Club Championship TT and had 6 members take part. This resulted in Ollie Jones achieving 1<sup>st</sup> place overall, saw Wendy Atkinson make her debut at her first 25 and Alan Smith undertake his first 25 and 50 mile time trials.

The IBC Hill climb this year took place on Watson's Hill resulting in Ollie Jones taking 1<sup>st</sup> place in a time of 49.08, Jo Newstead 1<sup>st</sup> lady (1.08.21) and Marcus Friend, aged 14, 1<sup>st</sup> juvenile (1.14.70).

Apologies if I have missed anyone but hopefully we'll encourage even more club members to give it a go next year."

# Saturday Social Rides report from Marcus Sharpe

"An average of 43 members attending, Boxing Day lowest, Thorpeness highest. Green rides welcomed. 3 new venues for coffee stops. Training, throughout the year all ride leaders try to keep skills developing, including the coaching Adam Keer, Phil Hetzel and Peter Ingram. Two new ride leaders Scot Amos and Dean Backhouse to be commended and thanked."



Role	Current	Name of Proposed	1st	2nd
Honorary positions		- Hame of Freprese	100	
Club President	Tim Butler	Tim Butler	No vote –	
Vice President	Marie Pickess		Marie Pickess determine	
Vice President	Keith Hill	Keith Hill		
Vice President	Joyce Nevill	Joyce Nevill		
Vice President	Mick Hearn	Mick Hearn		
Management positions		-1	•	
Chairman	Paul Rippon	Paul Rippon		
Vice Chair	Simon Males	Will Taylor		
Treasurer	Chris Jillings	Chris Jillings		
Accounts Examiners	Mick Hearn	Mick Hearn		
Accounts Examiners	Susanna Rosenberg	Susanna Rosenberg		
Club Secretary	Wendy Boother	Wendy Boother		
Membership Secretary	Wendy Boother	Mike Kingshott		
Welfare Officer Female	Jo Ringrose	Jo Ringrose		
	Anne Betts	Anne Betts		
Welfare Officer Male	David Boother	David Boother		
		[another post available]		
Social & Trophy Secretary	Matt Kerr	Marcus Sharpe		
Media Secretary	Mark Salter	Mark Salter		
Coaching Secretary	Adam Keer	Vacant		
Clothing Co-ordinator	Matt Kerr	Matt Kerr		
General positions – if any a			vote at the	AGM
Road Race & Track Secretary	Steve Clark	Steve Clark		
Time Trial Secretary	Vacant	Jane de Boltz		
Mountain Bike Secretary	Paul Bird	Paul Bird		
Cyclo Cross Secretary	Steve Grimwood	Steve Grimwood		
Social Rides Secretary	Marcus Sharpe	Les Roper		
Youth Representative	Ollie Jones	Vacant		
Ladies Representative	Jane de Boltz	Jane de Boltz		
Male Representative	Les Roper	Les Roper		